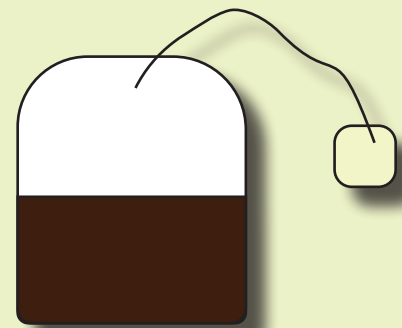


Tea Time



Nothing is more relaxing than a hot cup of tea. Why not make it part of your daily routine? Follow these steps to enjoy a cuppa.

1. Place a water filled kettle over high heat. Bring to a boil.



2. While the water boils, place the tea bag into the tea pot.



3. When the kettle whistles, pour the water into the tea pot. Let steep for 3-5 minutes depending on the type of tea.



4. Pour tea into cup. Add a teaspoon of sugar and a splash of milk.



5. Enjoy.

